



**CCS**

## **CCS Glide Wax Policy 2021/2022**

### **Approved for use by CCS November 30, 2021**

All coaches, athletes, wax technicians, and parents must abide by a self-governed protocol while waxing skis for all athletes in Saskatchewan. This request applies to all provincial events taking place in Saskatchewan (e.g. Sask Cups, Provincial Championships, and Sask Winter Games). This request also applies to athletes traveling to Saskatchewan from out-of-province or out-of-country.

### ***The CCS Glide Waxing Policy is as follows:***

- Structure tools **ARE** permitted
- Non-Fluoro (NF) glide waxes **ARE** permitted
- Low Fluoro (LF), Medium Fluoro (MF) or High Fluoro (HF) glide waxes are **NOT** permitted
- Pure Fluoro glide waxes (powders, pucks, blocks and liquid) are **NOT** permitted
- Cold weather powder additives and hardeners containing Fluoros are **NOT** permitted
- Fluoro-containing Grip Wax such as kick wax, klisters, anti-icing liquids applied to the kick zone of a classic ski **ARE** permitted.

The adherence to this protocol is self-governed and is the responsibility of the coaches, athletes, parents and wax technicians.

Following the glide wax protocol is critical for fair competition and respect, the foundation of sport.

When racing outside of Saskatchewan, it is the responsibility of the athlete to ensure that they adhere to the glide wax policy of the Division they are competing in. The CCS glide Wax Policy aligns with the requirements of Nordiq Canada as stated below.

### **Fluoro-Free Rule For All Nordiq Canada Sanctioned Races**

The Nordiq Canada fluoro policy for the 2021-22 season will see a full fluoro ban applied for all Nordiq Canada sanctioned events, except for those events that also have a FIS sanction. However, fluorinated kick wax will be exempt from the fluoro ban policy.

### **What does the ban include?**

The fluoro-free rule applies to all Tier 2 level competitions (e.g., provincial cups, provincial champs).

This means that:

- **High Fluoro (HF), Medium Fluoro (MF) or Low Fluoro (LF) glide waxes, including HF, MF or LF powders, pucks, blocks and liquids are NOT permitted**
- Cold-weather powder additives and hardeners containing fluoros are NOT permitted
- Fluorinated grip powders are NOT permitted

#### **Exemptions from the ban**

- FIS sanctioned competitions (Tier 1 – NorAm, FIS Regional Cup, Canada Cup and Canadian Ski Championships)
- All kick wax, specifically hard wax and klister

**Consult Nordiq Canada's [Coaches + Wax Tech webpage](#) for full policy guidelines.**