



Cross Country Saskatchewan

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Cross-Country Saskatchewan High-Performance Bulletin – Fall 2023

November 20, 2023

The Cross Country Saskatchewan (CCS) High Performance Committee is responsible for establishing the benchmarks found in this document and is intended to compliment and support the Athlete Development Program (ADP)/High Performance Athlete Funding found in the Competition Funding document.

The HP Bulletin is based on the policies set out in the HP Funding Document.

Saskatchewan Provincial Team (PT) – 2024-2025

The PT falls under Cross Country Saskatchewan's Athlete Development Programs (ADP), which identifies, selects, and supports promising athletes from CCS member clubs.

The goal of the ADP is to promote growth in competitive cross-country skiing and to ensure Saskatchewan athletes are competitive on an inter-provincial and National level, including supporting future Canada Winter Games teams.

The PT is a high-performance focused team, consisting of athletes competing in the U16, U18, and U20 categories in the 2024-25 race season. The 2024-25 PT will comprise of up to 16 athletes who are committed to developing their fitness and ski racing skills and intend to compete at high level events such as Alberta Cups, Nordiq Cups, Western Canadian Championships and Canada National Ski Championships. Selected athletes have demonstrated strong results in racing and a dedication to training and striving towards their athletic goals. Athletes will continue to be coached by their club coach but will have additional, age-appropriate training opportunities, resources, and race support available to them through the CCS ADP.

The PT is led by the CCS Provincial Coach and will draw upon additional support from club coaches.

PT Selection Criteria

Selections for the PT will be made annually at the end of April 2024, after the publishment of the Year End CPL by Nordiq Canada. Nominated athletes will receive an email notifying them of their nomination and will have an opportunity to either accept or decline before the PT is officially announced in May 2024. All current team athletes will be re-evaluated based on criteria set out below.



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Athletes will be selected in order of the following Selection Criteria (SC):

- **SC#1.** An athlete finishing in the top 20 at the National Championships in their respective age category (Individual events only), will be selected to the PT.
- **SC#2.** Canada Points List (CPL) – Athlete’s Distance **or** Sprint CPL points in the end of season CPL list published by Nordiq Canada, typically April of every year, will be used for the ranking of athletes. The top ranked five (5) athletes (Male & Female) with the highest CPL points and who’s CPL ranking meets the standards outlined in the annual HP Bulletin, will be selected to the PT. Athletes making SC#1 will reduce the number of available positions in SC#2.
 - Athletes shall meet the CPL Criteria for each age group; below are examples of the CPL standards from the 2022-23 season that were used to select the 23-24 team:

April 2023 CPL Points <i>Distance</i> Criteria				
YOB	Cat.	Men*	Women*	
2000	U23	82	74	
2001	U23	82	74	
2003	U20	73	69	
2004	U20	73	69	
2005	U18	65	64	
2006	U18	65	63	
2007	U16	57	56	
2008	U16	52	55	
2009	U14+	48	49	

April 2023 CPL Points <i>Sprint</i> Criteria				
YOB	Cat.	Men*	Women*	
2000	U23	74	65	
2001	U23	76	74	
2003	U20	74	72	
2004	U20	74	71	
2005	U18	72	73	
2006	U18	71	71	
2007	U16	67	68	
2008	U16	63	64	
2009	U14+	56	59	

*U14+ & U16 are 70%, U18 - 75%, U20 - 80%, U23 - 85% of Canadian Top 10 average

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- **SC#3.** Force Majeure – means an unexpected event beyond the reasonable control of the athlete that materially affects an athlete’s ability to compete and will be determined on a case-by-case basis (e.g., illness, injury, equipment failure, transportation breakdown, etc.). An athlete shall submit documentation outlining the rationale to be selected under Force Majeure and demonstrate that it materially impacted their ability to be selected using the selection criteria. The documentation shall be received by CCS before April 30th annually.
- **SC#4.** CCS may make up to six (6) discretionary selections (3 male/3 female) to the PT. These selections are driven by factors including, but not limited to, the Canada Winter Games cycle, upcoming high-performance athletes and demonstrated commitment to cross country ski racing.

CCS reserves the right to increase the PT allotment size with athletes selected under SC#5.

- NOTE: As this is new selection criteria, CCS may modify the PT sizes based on available budget and current athlete pool to maximize athlete exposure to help meet the HP’s objectives in future years



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Saskatchewan Development Team (DT) – 2024-2025

The Saskatchewan DT is a CCS high-performance program focused on U14 and U16 athletes. The 2024-25 DT will comprise of up to 18 athletes who are committed to developing their fitness and ski racing skills and intend to compete at high level events such as Alberta Cups and Western Canadian Championships. It provides quality training camp and racing experiences throughout the year, as well as engaging athletes in supplemental learning opportunities, which complement the support and programming that they receive from their home club.

DT Selection Criteria

Selections for the DT will be made annually at the end of April 2024. DT nominees will be notified of their nomination via email and will be asked to accept or decline their nomination before the team is officially announced in May 2024. All current team athletes will be re-evaluated based on criteria set out below.

Athletes qualify based on the ranking of average Sask Cup Points. Selection to the DT is outlined below:

SC#1. Sask Cup Points – The athlete’s average Sask Cup points will be used to create a combined ranking of U14 and U16 athletes, including graduating U12 athletes (U12+). The top five (5) ranked athletes (Male & Female) of the combined U12+, U14 & U16 categories will be selected to the DT. Athletes must have competed in 50% or more of the Sask Cup Races in the previous race season to be eligible in SC#3 (For example if 8 races take place a minimum of 4 races must be attended, if 7 races take place a minimum of 4 must be attended). Races with only one competitor in a division may be excluded.

Example:

	Sask Cup Races						AVERAGE	Ranking
	#1	#2	#3	#4	#5	#6		
Skier X (U16)	89.25	85.5	92.9	-	100.0	-	91.91	1 st
Skier Y (U14)	-	100	-	87.3		86.8	91.36	2 nd
Skier Z (U16)	82.1	100	89.1	-	95.1	81.1	89.48	3 rd

- **SC#2.** Force Majeure – means an unexpected event beyond the reasonable control of the athlete that materially affects an athlete’s ability to compete and will be determined on a case-by-case basis (e.g., illness, injury, equipment failure, transportation breakdown, etc.). An athlete



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shall submit documentation outlining the rationale to be selected under Force Majeure and demonstrate that it materially impacted their ability to be selected using the selection criteria. The documentation shall be received by CCS before April 30th annually.

- **SC#3.** CCS may make up to eight (8) discretionary selections (4 male/4 female) to the DT. These selections are driven by factors including, but not limited to, upcoming high-performance athletes and demonstrated commitment to cross country ski racing.

CCS reserves the right to increase the DT allotment size with athletes selected under SC#3.

- NOTE: As this is new selection criteria, CCS may modify the DT sizes based on available budget and current athlete pool to maximize athlete exposure to help meet the ADP's objectives in future years.

High Performance Athlete Funding

CCS will support elite level athletes who continue to progress to the next level and have moved out-of-province to train with high-performance cross-country ski clubs and teams across the country.

- Athletes shall meet the following Canadian Points List (CPL) Criteria:

		CPL Points Criteria	
DOB	Cat.	Men	Women
01, '02, '03	U23	82	74

- Qualifying athletes receive the following:
 - Financial Support: \$1,200
- **Qualifying athletes will be High-Performance Athlete for the current season (2023-24 for a 1 Year term). Athletes must qualify each year for funding.**