

Cross Country Saskatchewan Coaching and Officials Report 2018-19

- Developed and posted coaching workshop opportunities in early fall (versus ad hoc)...generally a positive response.
- Offered an L2T dryland workshop in September and an L2T on snow workshop in January with four individuals attending both; one individual completed their L2T on snow workshop out of province in March.
- Offered three community coaching workshops throughout the province – Regina, Saskatoon and La Ronge; both Saskatoon and La Ronge proceeded with X and X participants, respectively.
- Offered to support individuals to attend a Zone 4 Timing and Registration Course, however, no interest.
- Offered a Level 2 officials course in September, however, not enough interest.
- Successful recipient of a Nordiq Canada Women's High Performance Seminar Grant.
- Had some coaches attend the multi-sport workshops offered in Regina and Saskatoon.
- High Performance Coach completed T2T dryland and on snow workshops.
- Expanded the role of the High Performance Coach to include a role of Coaching Development Coordinator.
- Undertook feedback survey (included club coaches, parents of HP athletes and athletes) with respect to the High Performance Coach.