How To Become a Level 1 Cross Country Ski Official

You're interested in becoming a **Level 1 Cross Country Ski Official** to help your local club host races and loppets. Nordiq Canada makes it easy by offering a free online course.

This course will teach you the various race formats (e.g. sprint, relay, mass start, etc.) used in cross country ski events, the rules that govern these competitions, and the various officiating roles. Para-nordic competitions have very similar race formats and rules as well.

Level 1 will prepare you to volunteer as an official in a single role (e.g. finish line timer, course controller, assistant starter). After you've volunteered at a few events, if you enjoy it and want to progress to supervising a team (e.g. finish line timing crew) or help organize events you'll need to take a Level 2 Course. These are periodically offered (at least once per year) by Cross Country Saskatchewan. But, that's a topic for another set of instructions.

Completing Level 1 may be all you do if you want to help at club races and loppets, and at provincial events that your club hosts. And that's terrific. All clubs need volunteers, and races and loppets can't happen without volunteer organizers, officials and volunteers. (Note that officials are volunteers too, and the word "volunteer" is used for those who fill very necessary roles like grooming courses and serving food but who may not be certified as officials). Level 1 may also be your first step in a journey that could take you to the Olympic or Paralympic Winter Games!



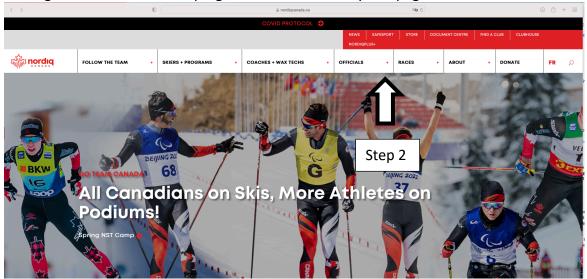
Let's get started ... next page.



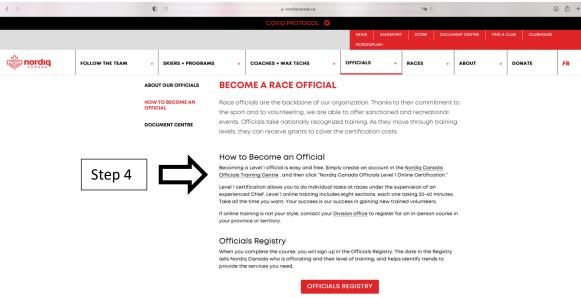


Instructions

- 1. Go to nordiqcanada.ca
- 2. Click the "+" sign to the right of "OFFICIALS" on the white menu bar near the top of the homepage. Note that a **French version** of the Nordiq Canada website is available by clicking the red "FR" in the top right-hand corner of any webpage.



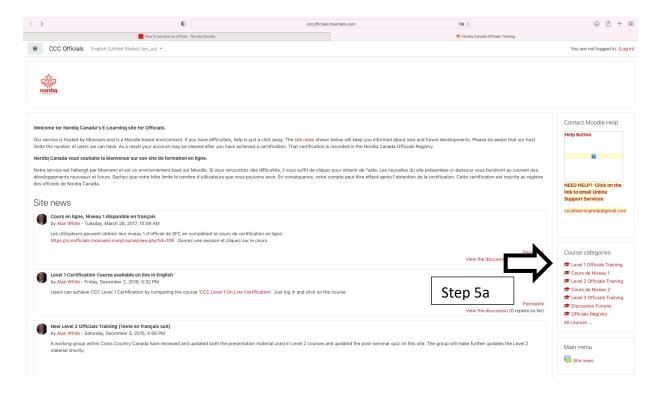
- 3. Click "How to Become an Official" from the drop-down list that appears.
- 4. Click on the hyperlink (underlined) text "Nordiq Canada Officials Training Centre" under "How to Become an Official"







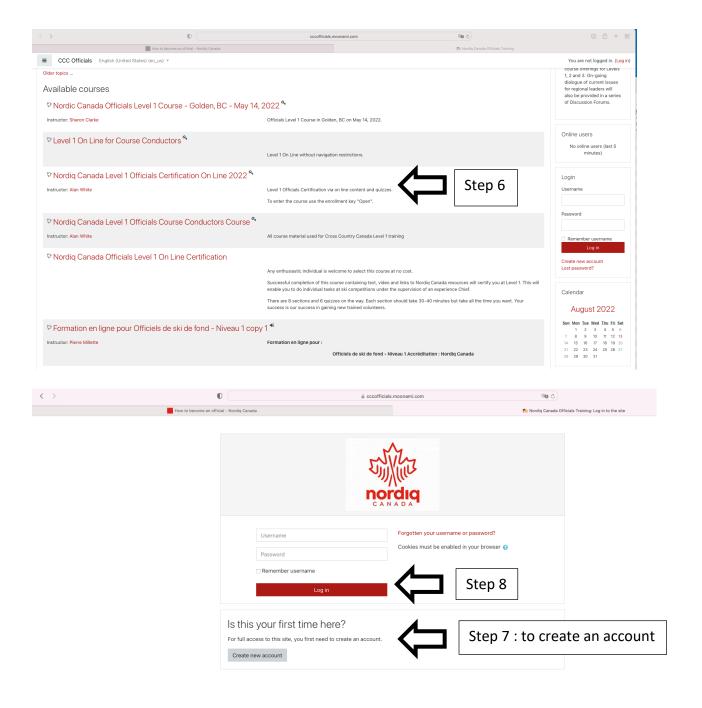
- 5. A new website will open "cccofficials.moonami.com". The opening page has some introductory text, followed by "Site News" topics (about five years old when I checked). There are two ways to get to the Online Level 1 Official Training:
 - a. Click on "Level 1 Officials Training" from the "Course Categories" menu on the right side of the page, or...
 - b. Go to step 6



- 6. Scroll down below the "Site News" items to the "Available Courses" list and click on "Nordiq Canada Level 1 Officials Certification On Line 2022". Note that step 5a will take you to a similar course list but with only Level 1 courses listed. Note that you also have an option to select a **French version** of the course.
- 7. This will take you to a logon screen where you can either login if you already have an account set up, or you can create an account (which is usually the case for new volunteers taking Level 1). As I already have an account, I didn't experiment with that function but I assume that once you complete the account setup it will bring you back to the login page.



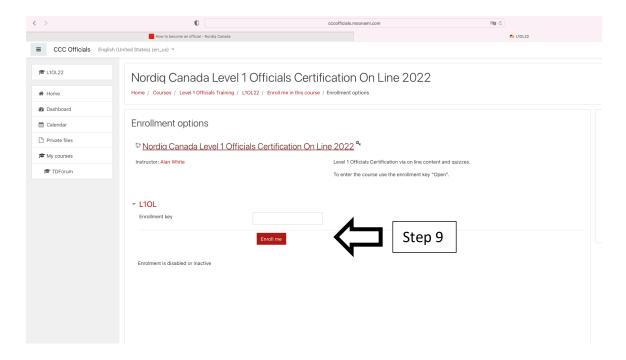




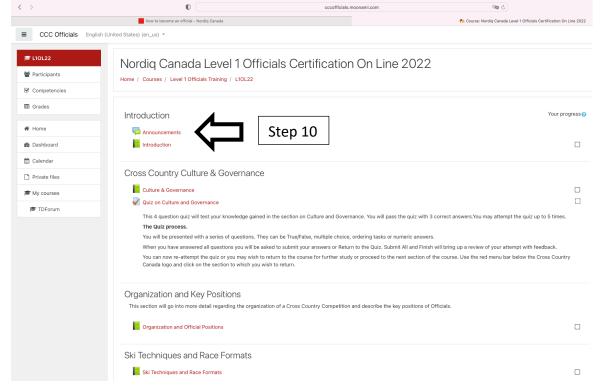
- 8. When you click the red "LogIn" button above it will take you to the course enrollment page shown below (Note the that the log in procedure of step 7 is to log in to your account, and the enrollment procedure in step 8 is to enroll in the Level 1 course).
- 9. Enter "Open" in the "Enrollment key" text box and click the red "Enroll me" button.







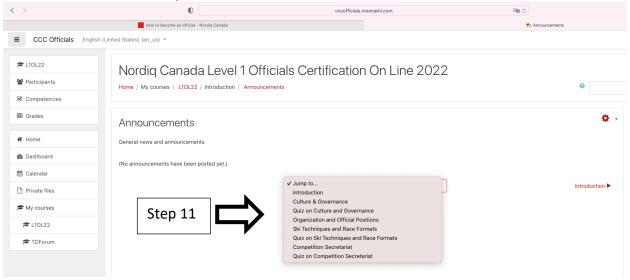
10. You're now on the course page. There is introductory information ("Introduction"), followed by eight course topics that you can work through at your own pace. Click on the red text headings in sequence, starting with "Announcements".







11. When I visited this site there were no announcements. If this is still so, simply click "Introduction" in the "Jump to" list.



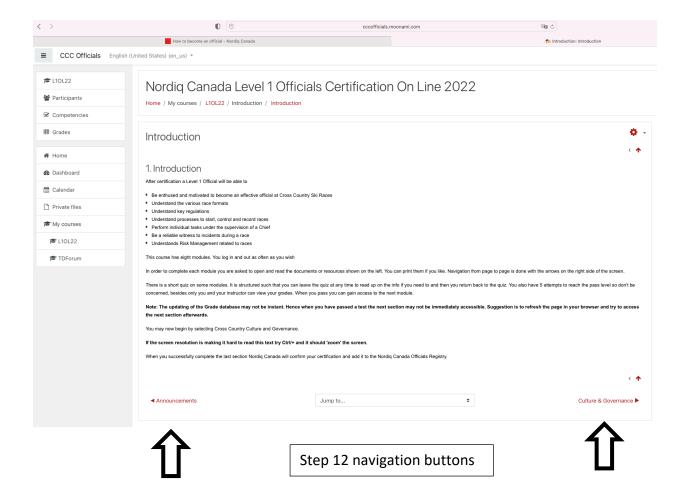
12. Take the time to read the "Introduction" page carefully. It will tell you that you can pause the course and log back in later; that you will have to complete quizzes but that you can pause the quizzes to check information and you have five attempts (the quizzes are more meant to reinforce information – we want you to succeed in your Level 1 certification!); and that you will be registered as an official on the Nordiq Canada Officials Registry once you complete the course and quizzes.

Note that there is one mistake in the instructions. They state that the page to page navigation is via arrows on the right side of the page. These arrows, and accompanying red text, are on both the right and left bottom corners of the page. In addition, there are red arrows that point up. These are the "exit book" functions. If you click one of thee you'll be taken back to the main course page.

Finally, there is a red gear symbol with a down arrow to the right of it visible on each course page. If you click the down arrow, you will be given options to print course material if you find it easier to read on paper than on screen (we do encourage you to use the paper-free option if you can!).







13. If you want to pause the course, you can log out by clicking the red down arrow next to your name in the upper right hand corner of any course page. When you log back in (Step 8) check marks in the boxes to the right of the course topics list indicate where you left off. I found that I had to check the boxes next to the course material myself but that the quiz boxes were automatically checked when I completed the quizzes.





